

Book/Workbook Interactive Plan for 48 Days

This is taken from our 48 Days Instructional series. Normally, this is taught as a 12 week class, meeting each week, with the first week being the introductory class. It is divided into five focus sections, and the descriptions are what are in each session. You may take this and do it however you like—10 weeks, 10 days, or space it out over the 48 days, knowing your goal is to be completed in that time frame.

Here is how the 48 Days to the Work You Love book and Interactive Study work best together:

Section One: Is All Change Good?

48 Days to the Work You Love Interactive Workbook

- *Lesson 1: Why Do We Work? Introduction*
- *Lesson 2: The Challenge of Change/Common Career Questions*
- *Tracks 1 & 2 Disc one*

48 Days to the Work You Love Book

- *Intro*
- *Chapter 1: What is Work?*
- *Chapter 2: The Challenge of Change: React, Respond, or Get Trampled*

Section Two: What Do I Want To Be When I Grow Up?

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- *Lesson 3: Creating a Life Plan*
- *Track 3 Disc One*

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- *Chapter 3: Creating a Life Plan*

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- *Lesson 4: The Power of Having a Goal*
- *Track 4 Disc One*

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- *Chapter 4: Wheels, Goals, and Clear Action*

Section Three: Planning My Work Around The Life I Want!

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- *Lesson 5: Looking Inward*
- *Track 5 Disc One*

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- *Lesson 6: Understanding My Personal Characteristics*

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- *Chapter 5: Am I an Eagle or an Owl?*

Section Four: Nuts & Bolts

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- *Lesson 7: Shaping the Options*
- *Track 1 Disc Two*

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- *Chapter 6: 6 Job Offers in Ten Days*

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- *Lesson 8: Creative Job Search Strategy*
- *Track 2 Disc Two*

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- *Chapter 7: Finding Your Unique Path*

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- *Lesson 9: Preparing for the Interview*
- *Track 3 Disc Two*

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- *Chapter 8: Do They Like Me? Do I Like Them?*

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- *Lesson 10: Negotiating Salaries*

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- *Chapter 9: Show Me The Money*

Section Five: Nontraditional Work

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- *Lesson 11: Maybe I Don't Want a Traditional Job!*
- *Track 4 Disc Two*

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- *Chapter 10: Do You Have What it Takes?*

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- *Lesson 12: Final Components for Making a Plan*

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- *Chapter 11: Skunks, Rags, and Candy Bars*
- *Chapter 12: Conclusion*