



## Life Direction Reflections

Name \_\_\_\_\_

Date \_\_\_\_\_

1. Who gave you your first job? What kind of job was it? How much money did you make?
  
  
  
  
  
  
  
  
  
  
2. If you look at your life so far, what activities have had the greatest value or worth?
  
  
  
  
  
  
  
  
  
  
3. How has a unexpected change affected you? How did it make you feel?
  
  
  
  
  
  
  
  
  
  
4. What were your childhood goals and ambitions for life? Which ones have you been able to fulfill?

5. When you daydream, what do you see yourself doing?

6. Have you ever had a sense of destiny, calling, mission or clear purpose  
In life?

7. What have been the happiest, most fulfilling moments in your life?

8. Who are two or three people you know who seem to have accomplished  
their dreams in life? What do you remember about their accomplishments?

9. When you look at your personal life, what have you done that you consider to have the greatest value?

10. What strengths have others who know you well noticed in you?

11. List five words or phrases that best describe you.

12. Write briefly about your father or mother's attitude toward work and how that has affected you.

13. Are you a goal setter? Do you typically set goals at the first of the year?  
If not, why not?

14. In what kind of settings are you most comfortable?

15. How do you respond to management?

16. How would you manage other people?

17. Are you better working with people, things, or ideas?

18. Are you more analytical, detailed, and logical, or are you one to see the big picture, and respond with emotion and enthusiasm?

19. Are you steady and predictable or do you seek variety and new challenges?

20. Are you verbal and persuasive or are you the caring, empathetic listener?

21. What are three or four ideas you have had over the years that you have on the back burner or have since seen someone else develop?

22. Describe three or four times in your own work experience when you have been paid on ***results*** or on completion of the job rather than just for putting in your time.