

Getting Your Opt-In In Front of Your Ideal Audience



YOU KNOW HOW most people WANT TO have energy and not feel sick or unwell? WELL, I HELP people who are struggling with chronic health issues discover the root cause of their issues, and improve their health SO THEY CAN live a happy, healthy life and be there for themselves and their family

Welcome to

Foothills Functional Medicine!

Welcome aboard! I'm thrilled to have you join our community and embark on a journey towards transforming your health naturally. Congratulations on taking this important step towards feeling your best.

Click here to download your FREE 5 Step Checklist to Transforming Your Health Naturally

Download now

Here at *Foothills Functional Medicine*, we are passionate about empowering individuals like you to achieve optimal health and wellness. Our mission is to provide you with valuable information, practical insights, and proven strategies that will guide you on your path to vibrant health.

What can you expect from us?

- 1. Exclusive Health Tips: Helpful, expert advice on health conditions, mindset changes, and healthy living
- 2. Fun, new recipes for you to try
- 3. Important updates about Foothills Functional Medicine: New product releases, offering updates and behind the scenes looks into our story and passion for caring for others.
- 4. Exclusive Offers: Be the first to know about sales and discounts in our online store!

I'm here to serve as your guide and resource every step of the way. If you ever have any questions, need further clarification on a topic, or simply want to share your progress, please don't hesitate to reach out. Your health and wellness are our top priorities.

Once again, welcome to the Foothills Functional Medicine community! I'm excited to see the positive transformations that lie ahead for you.

To your health and happiness,

Dr. Philip Kimsey
Functional Medicine Practitioner

"The most difficult thing is the decision to act; the rest is merely tenacity."

-Amelia Earhart







Subject: Welcome to the World of Possibilities

Hello Amazing Artist!

I'm so excited that you've taken action to move toward your artist dream! In taking this step, you are saying "Yes" to your dream and opening up a world of possibilities for your success as an artist. Get ready to be amazed at where this journey can take you!

If you haven't yet downloaded your free resource It's Never Too Late to Be the Artist You Might Have Been: A 3-Step Guide to Activate Your Artist Dream, go ahead and get it right here.

I wish I'd had this guide years ago when I was frustrated, discouraged and stuck. My art career was as unreachable as the moon and there was nothing I could do about it. At least that's what I thought.

My life changed forever when I discovered there actually were things I could do to bring my dream to life! It took some time but now I'm living my artist dream and loving it!

Follow the simple steps in this guide and you will begin to realize that it truly is possible to be the artist you might have been, the one you were meant to be!

It doesn't matter how long it's been since you tried to pursue your dream.

It doesn't matter how old you are.

It doesn't matter what your financial situation is or how busy your schedule is.

It doesn't matter if people around you aren't exactly supportive of your dream (that's their issue, not yours)

It still is NEVER TOO LATE to be the artist you long to be! You can do it and Arise Creativity Mentoring is here to help!

Remember what Audrey Hepburn said, "Nothing is impossible, the word itself says 'I'm possible'!"

I'll be checking back with you in a few days to see how things are going. In the meantime, if you have questions or comments, feel free to contact me at anne@arisecreatvity.com. I'd love to hear from you!

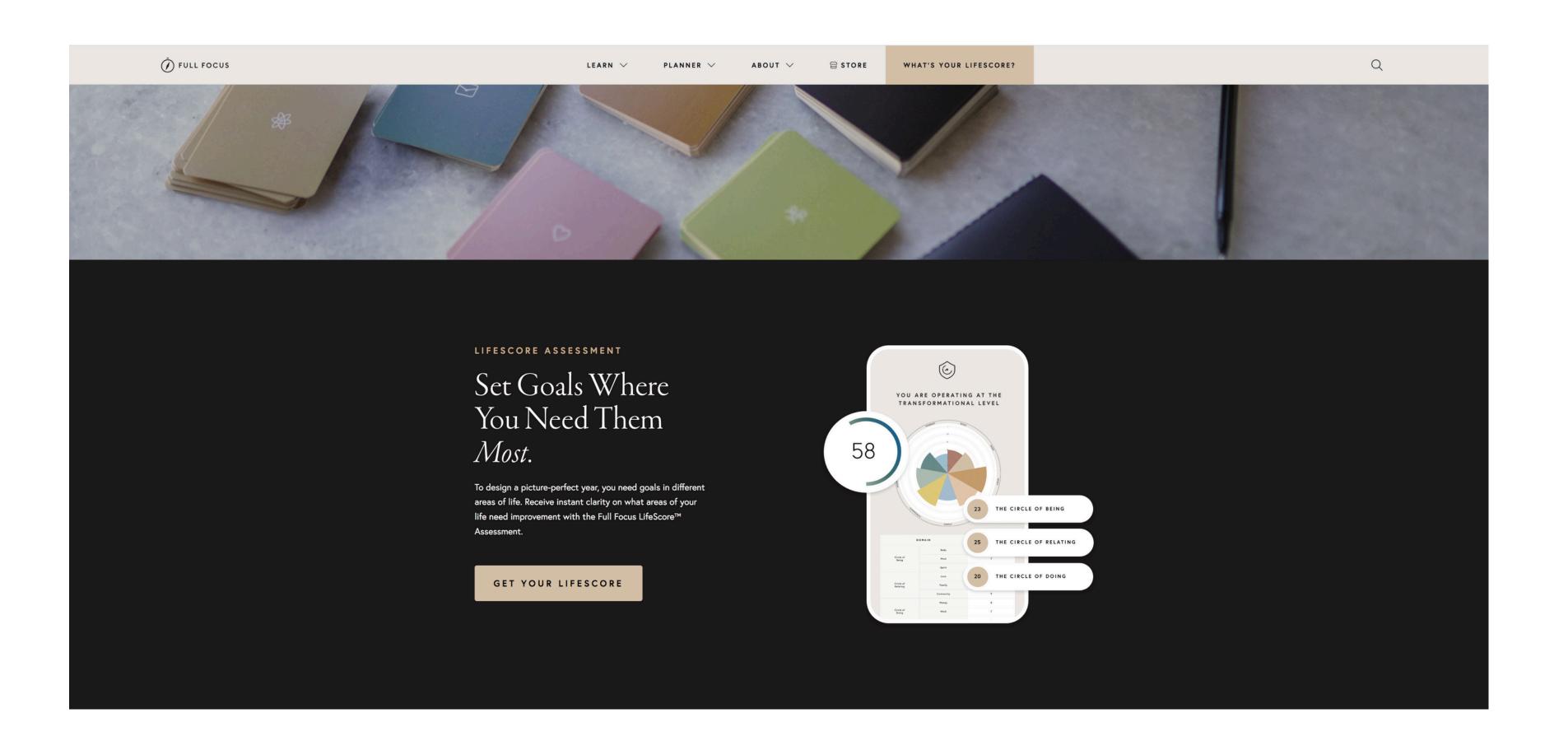
Keep moving toward your dreams!

Anne Lindley

P.S. Join our Facebook group, The Amazing Artgirls, for support, encouragement and fun!

PLACE IT ON YOUR WEBSITE

In the sidebar In the footer Prominent above the fold opt-in Hello Bar Customize your 404 pages About page, testimonials page, products & services page On individual blog posts as a content upgrade On thank you pages of other opt-ins you may have Resource page Write a blog post about your opt-in and post it Make it a Pop Up or Slide In



Prioritize clarity and accountability.

As a leader, your job is to make sure your team members know what is expected of them.

The anger and frustration that mark the onset of conflict are frequently markers of an unmet expectation. Expectations are rarely inherently right or wrong. They can be negotiable. But they must be understood and agreed upon by both parties to be helpful. Unspoken expectations are bound to go unmet.

However, once expectations are clear, accountability is essential. What you tolerate, not what you say, reflects your true standards. Your failure to confront unacceptable behavior communicates indifference to others impacted by the situation. The twin values of clarity and accountability create confidence because they define success and facilitate collaboration.

The best part? Trust spreads. When you leverage these practices, you're sowing seeds of culture. One in which words have weight. In which making space for others and celebrating excellence is commonplace. In which feedback is welcomed and healthy dialogue is normal. In which expectations do not go unspoken and harmful behaviors do not go unchallenged.

You're creating a space in which others can flourish and grow. And that is leadership at its best.

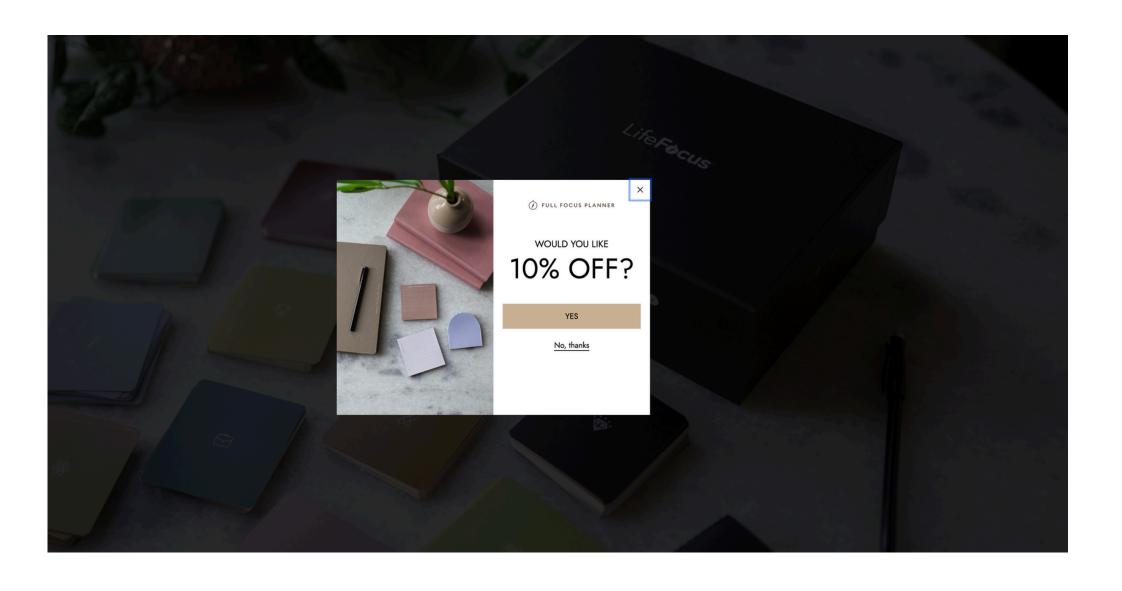


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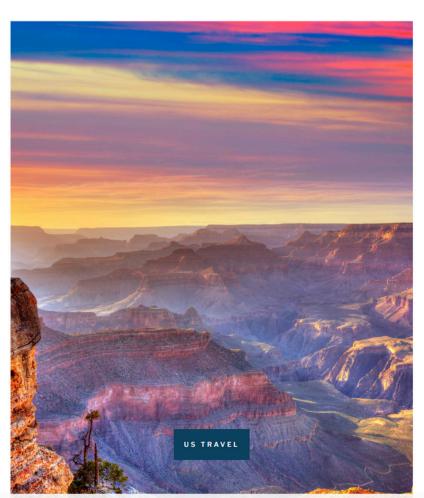
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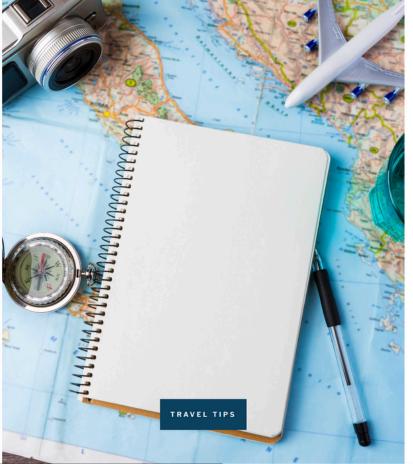




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Hi, Pastor!

Are you trying to figure out where to even start with building a business or creating some side income for your family?

The best place to start is with your own passions and unique abilities.

Our FREE 5-Step Get Started Guide will walk you through the process of determining the best starting point for you AND includes 50+ business ideas.

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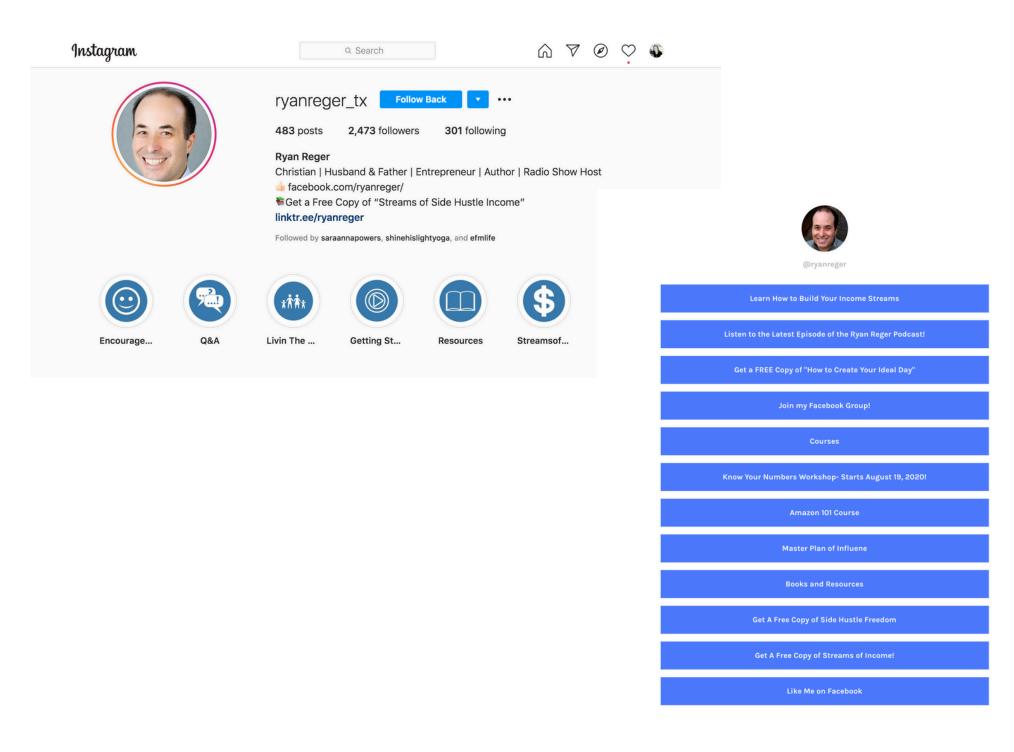


ADD IT TO YOUR FACEBOOK PAGES AND GROUPS





INSTAGRAM LINK IN BIO





Guest blog or be a guest on a podcast and offer your freebie.

Facebook Posts

Your Facebook Group - ask in the questions if they'd like more info on ...

Do a video with the first point (Facebook Live, YouTube, IGTV) - click here to get more.

LinkedIn - Featured section with links to your freebies and resources

Facebook/Instagram Ads - lead ad

If you have an old list, send the resource to them to either re-opt in or tag them when they click to get it.

If you have links to your website and your freebies in all of your social media profiles, then as you go in and answer questions and serve, you'll have people click to see what you're all about and find your lead magnet.

Help a Reporter Out - helpareporter.com

alignable.com

Forums in your industry

TIP: Be creative and experiment to see what works best for your audience.

Pinned Post

About Facebook Business Page

As a Guide in your Facebook Group

Facebook groups that encourage promotion of your opt-in & business.

TikTok

YouTube

Instagram Stories/Highlights

Instagram Reels

Instagram Guides

List your business with a link direct to your opt-in

Google My Business Listing

Press Release

Pinterest

Pinterest Group Boards

Guest Blog Post

Guest Podcast

Virtual Summits

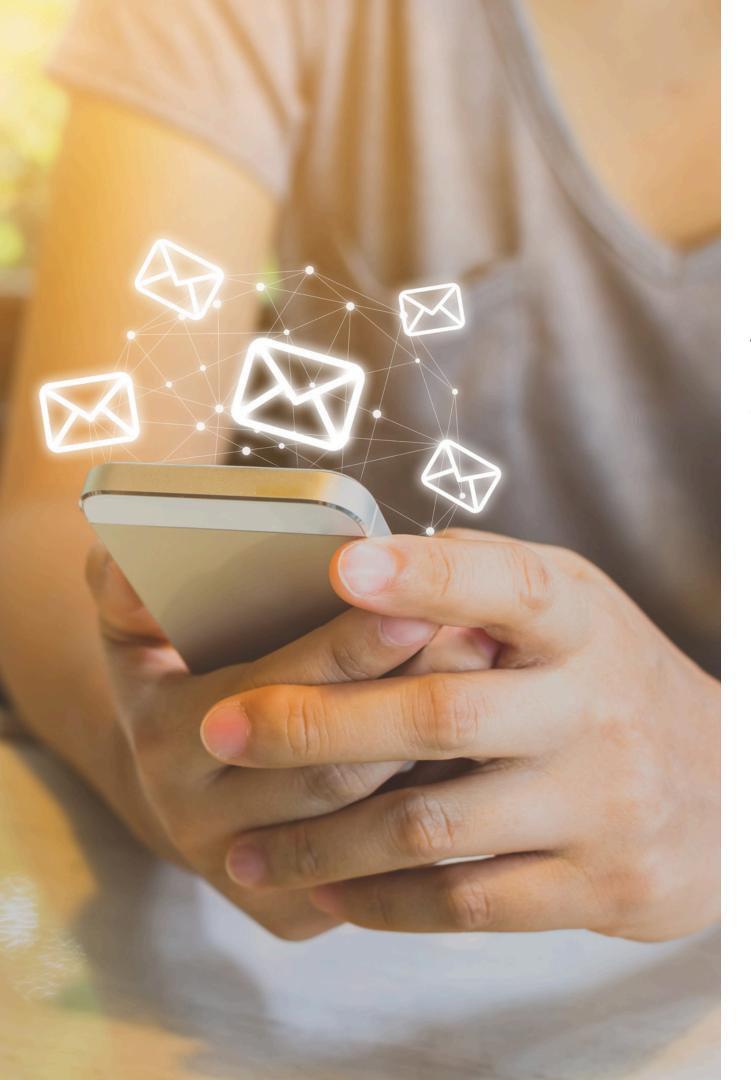
Create a "related freebies" collaboration with other businesses in a similar/contextual niche

Include a CTA + link to your opt-in in your signature for any "one-off" emails you may send

Submit your opt-in to other "resource" pages within your niche

Google "write for us" and your topic

Google "editor pitch me" and your topic



AI PROMPTS

Ask Gemini or Chat GPT for a list of podcast, blogs, virtual summits, Facebook Groups



WHAT ARE THE THREE PLACES YOU ARE GOING TO FOCUS ON GETTING YOUR LEAD MAGNET IN FRONT OF YOUR AUDIENCE OVER THE NEXT 48 DAYS (AUGUST/SEPTEMBER)

A FEW NOTES:

- Growing your email list with your ideal customer is not a microwave process. It's a crock pot process.
- If you serve and provide valuable content and info and assistance, people will check you out. Make sure you have a next step for them.
- Take one small step each day and you will reach your goal.
- Be Consistent.

IF YOU NEED HELP AS YOU MOVE FORWARD

I offer marketing coaching services including Email Marketing, Digital Marketing, Marketing Strategies and Content Development.

Schedule a FREE 20-minute Discovery Call and we'll talk about your needs and if I can help.

CLICK HERE TO SCHEDULE

SheilaRaeDavis@att.net

I'D LOVE YOUR FEEDBACK

Please share your feedback and how I may be able to help you going forward by filling out this brief survey.

48days.com/launchpad-feedback