

# A WORKSHEET TO HELP YOU INVEST IN YOURSELF

## **STEP 1:**

Write down your income - either hourly or annually \_\_\_\_\_

## **STEP 2:**

Calculate 3 or 5% of your income based on the guidelines provided.

## **STEP 3:**

What are three things you're doing already to invest in your personal growth (include the investment)?

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

## **STEP 4:**

List three things you'd like to add to your monthly investment to get it to the 3 or 5% mark.

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_