A WORKSHEET TO HELP YOU
INVEST IN YOURSELF

STEP 1:
Write down your income - either hourly or annually ___________

STEP 2:
Calculate 3 or 5% of your income based on the guidelines provided.

STEP 3:
What are three things you’re doing already to invest in your personal growth (include the investment)?

1. ____________________________________________
2. ____________________________________________
3. ____________________________________________

STEP 4:
List three things you'd like to add to your monthly investment to get it to the 3 or 5% mark.

1. ____________________________________________
2. ____________________________________________
3. ____________________________________________

Find out more at 48days.com